



October 7, 2020

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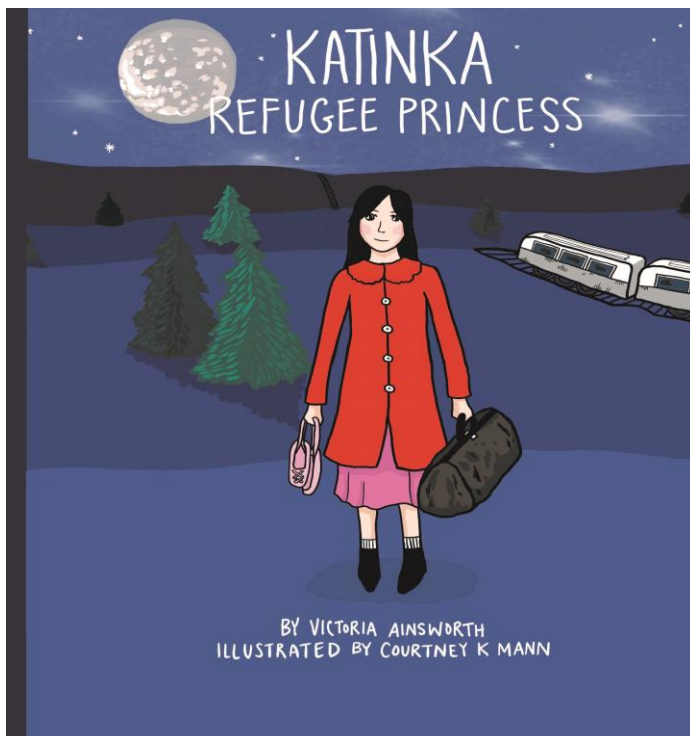
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Trio publishes two children's books about a princess, poverty, equity, and the power of positive thinking.

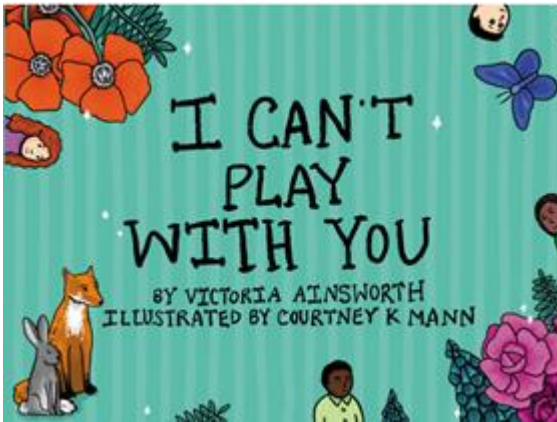
Plattsburgh Author Victoria Ainsworth, Capital District Illustrator Courtney Mann, and the North Country's Editor/Publisher Ann Ruzow Holland, Ph.D. recently released two children's stories that are socially relevant in these tumultuous times.



*Katinka Refugee Princess*, the story of a young Russian émigré, is a wonderful depiction of the importance of hard work and holding one's head high above the treatment of others. Throughout this beautiful story, readers will become immersed in each section as Irina and Katinka share their efforts to bring Camilla to their home. As the story progresses, the characters development is evident when Katinka goes to work at the factory so that she may help her mother to better their lives. The importance of recognizing kindness is revealed as Irina is rewarded for her treatment of an elderly woman as she

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approaches the store. The inclusion of illustrations throughout "Princess Katinka: Refugee" brings this work to life.



Teaching tolerance and respect to children is challenging and essential.

*I Can't Play with You* sheds light on many of the attitudes children pick up from various sources and addresses them head-on. The greater the list of Lorraine's prejudices, the larger the impact until life is mostly gone from the surrounding world. Only the rabbit and the fox, natural prey, and predator, see what ingratitude yields—and when the book concludes, it

is they who sow the seeds to repair the world.

The books are available in both digital and print formats through *Amazon*.

*Victoria Ainsworth* developed the ideas for these stories—and more to come, during the author's exciting career as a professional ballerina touring and performing around the world during the tumultuous 80's and 90's. During Ms. Ainsworth's travels, she kept notebooks filled with stories about the beautiful places she visited, the colorful and artistic people she met, and her exposure to important historical events and intriguing ideas.

*Courtney K. Mann* is a blossoming young artist trained in fine arts at Alfred University (BFA). An illustrator, painter, surface designer, and "all-around crafty gal," Courtney lives and works in the Capital District of New York. Since graduating, she has been working as a freelance illustrator and has been developing her bold and colorful signature style. Courtney is the Grand-Daughter of nationally recognized artist, Ward P. Mann (1921-2005), who joined the historic Rocky Neck Art Colony and opened the Ward Mann Gallery on the Pier in Gloucester, Massachusetts.

*Ann Ruzow Holland, Ph.D.* is a notable North Country businesswoman and entrepreneur who has been involved in a wide range of projects benefitting the people and places of the Champ/Adiron Region. She is a musician, teacher, scholar, activist, grant-writer, and environmental planner residing in Willsboro, NY.

Stay tuned for more exciting stories!

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